

Albemarle County Parks & Recreation Middle School Sports Program

(At Burley, Henley, Jouett, Sutherland, and Walton)

The Middle School Sports Program is held at all 5 Albemarle County Middle Schools. This program is a partnership with Albemarle County Middle Schools and Parks & Recreation. The program is run two days a week right after school for each sport as an afterschool program for students who attend that school.

All Registration forms are available from the PE Departments at each school and will be posted on the Parks and Recreation website www.albemarle.org/parks. Turn in registration form and payment (cash or check) to person listed on registration form. **(50% Scholarships Available for qualified students)**

Beginning 2017, **Sports Physicals are Required to play Basketball & Volleyball**, according to The General Assembly Senate Bill 665. (MedExpress Urgent Care Center at Pantops & Seminole Square offer Sports Physicals for \$30, Bring Physical form and filled out Medical History Form).

Registration is first come first serve, sports fill-up quickly!

Tennis: September 9 – October 9, 2019



Boys & Girls practice together on Mondays & Wednesdays, 4:10-5:30pm.

(Tennis Instruction: Learn strokes, grips and basic skills. Lessons will incorporate fun games. Matches between other Schools TBA, optional). Cost: \$50, includes Team T-shirt

Turn in Registration forms and payment beginning August 23, 2019

Cross Country: September 9 – October 12, 2019 NEW SPORT!



Boys & Girls practice together on Mondays & Wednesdays, 4:10-5:30pm.

Cost: \$50 includes Team T-shirt

Cross Country Meet at Darden Towe Park, October 12, 2019, 10am

Turn in Registration forms and payment beginning August 23, 2019

Basketball: September 9 – October 24, 2019 (Sports Physical Needed)



Boys practice and play games on Mondays & Wednesdays, 4:10-5:45pm, game days run longer.

Girls practice and play games on Tuesdays & Thursdays, 4:10-5:45pm, game days run longer.

Cost: \$65, includes Team T-shirt, 4 games

Turn in Registration forms and payment beginning August 23, 2019

Soccer: (Supervised Scrimmage Soccer Games): Nov. 11 – Dec. 4, 2019



Boys & Girls on Mondays & Wednesdays

(Games played afterschool 4:10-5:15pm. Co-ed Teams. Teams selected on the 1st day. Games begin on the 2nd day. No practices, just games). Cost: \$20

Turn in Registration forms and payment beginning October 14, 2019

Flag Football: (Supervised Scrimmage Flag Football Games): Nov. 12 – Dec. 5



Boys & Girls on Tuesdays & Thursdays

(Games played afterschool 4:10-5:15pm. Co-ed Teams. Teams selected on the 1st day. Games begin on the 2nd day. No practices, just games). Cost: \$20

Turn in Registration forms and payment beginning October 14, 2019

Girls Volleyball: January 27 – March 19, 2020 (Sports Physical Needed)



Mondays & Wednesdays or Tuesdays & Thursdays, 4:10-5:45pm, game days run longer.

Cost: \$65, includes Team T-shirt, 4 games

Turn in Registration forms and payment beginning January 3, 2020

Track: April 13 – May 6, 2020



Boys & Girls practice together on Mondays & Wednesdays, 4:10-5:30pm

Cost: \$35, includes Team T-shirt and track meet

Turn in Registration forms and payment beginning March 2, 2020

Questions call Joe Clark, at Albemarle County Parks & Recreation (434) 296-5844 or email jclark@albemarle.org